# Class of 2020 & 2021 Hall of Fame Members



2020 & 2021 Hall of Fame Recipients Kelly Jabbour-Hall, Nichelle Maultsby, Kraidon Woods, Amanda Riley-Cook and Dr. Peter Nish

## 2021 Hall of Fame

#### Nichelle Maultsby

Nichelle is a 1997 graduate of Pocono Mountain High School where she was a four-year letter winner in track and field. During her freshmen year, she helped her team earn a 2<sup>nd</sup> Place finish in the 4X200m relay at the Tunkhannock Relay and secure a 3<sup>rd</sup> place finish in 4X400m relay at the Centennial League Conference Championship meet. As a sophomore, Nichelle contributed to earning 1<sup>st</sup> Place in the 4X400m relay at both the Crimson Tide Invitational and Mountain Valley Conference Championship meets. Additionally, she individually captured a 3<sup>rd</sup> place finish in the 300m hurdles at the Mountain Valley Conference Championship meets at the Mountain Valley Conference Championship Meet. In her junior year, Nichelle achieved several accolades which included placing 2<sup>nd</sup> in the 300m hurdles at the Crimson Tide Invitational and Mountain Valley Conference Championship meets, a 3<sup>rd</sup> place finish in the 100m hurdles at the Mountain Valley Conference Championship meets, a 3<sup>rd</sup> place finish in the 300m hurdles at the 100m hurdles at the Mountain Valley Conference Championship meets, a 3<sup>rd</sup> place finish in the 300m hurdles at the 100m hurdles at the Mountain Valley Conference Championship meets, a 3<sup>rd</sup> place finish in the 100m hurdles at the Mountain Valley Conference Championship meets, a 3<sup>rd</sup> place finish in the 300m hurdles at the 100m hurdles at the Mountain Valley Conference Championship meets, a 3<sup>rd</sup> place finish in the 100m hurdles at the Mountain Valley Conference Championship meet and winning the 300m hurdles at the

District 11 Class AAA Track and Field Championship meet. Nichelle clocked a winning time of 46.1 seconds which broke the 7-year-old district record as well the school record in the 300m hurdles and earned her spot in the State Championship meet. Her senior season brought continued success on the track as Nichelle helped her team earn 1<sup>st</sup> Place and set a meet record in the 4X400m relay at the Crimson Tide Invitational and capture a 2<sup>nd</sup> place finish in the 4X400m relay at the Mountain Valley Conference Championship meet. Individually, Nichelle won both the 100m and 300m hurdles at the Mountain Valley Conference Championship meet. She also captured a 3<sup>rd</sup> place finish in the 300m hurdles and won the 100m hurdles posting a time of 15.6 seconds which set a school record at the District 11 Class AAA Track and Field Championship meet. She was also a PIAA State Qualifier for both the 100m and 300m hurdles.

Following high school, Nichelle attended the University of Maryland-College Park where she joined the Track and Field team as a walk-on during her freshmen year. Upon graduating from Maryland, she attended Villanova University School of Law and then practiced law for several years in the Philadelphia area. Nichelle is currently working fulltime in the AML Compliance field and resides in Delaware County, Pennsylvania with her daughter, Sydney. Today, she can be found in the stands enthusiastically cheering her daughter on as a proud Basketball Mom.

## Kelly Jabbour-Hall

Kelly is a 1979 graduate of Pocono Mountain High School where she was a three-year letter winner in basketball and a four-year letter winner in track. She served as team captain for basketball and was the team's top rebounder and scorer. She was awarded team MVP in her junior and senior years as well as top offensive and defensive player. During her career, she was a Centennial League All-Star as well as an All-Pocono all-star. She also was named to the LARC (Lehigh Association of Rehabilitation Centers) All-Star team.

For track, Kelly competed in the long jump, high jump, 880, 440 and 220 yard runs as well as the 440 yard and mile relays. Kelly's mile relay team broke the school record that stood in 1979.

Today, Kelly is an entrepreneur and a board member for USA defense enforcement Saber Manufacturing Company. She is a top executive/partner. She and David, her husband of 36 years, take great pride in their four children and three grandchildren.

## 2020 Hall of Fame

#### **Amanda Riley Cook**

During her athletic career as a Cardinal, Amanda was a three-sport athlete, competing in field hockey, basketball and soccer. In field hockey, she earned three varsity letters and was selected as a first team All-Conference and first team All-Area player in each of those three years. In 2007, she was named Pocono Record Player of the Year. Amanda was the first player in school history to score more than 50 career goals finishing her career with 54. Her

senior year, she scored 34 goals which was a new school record for most goals in a season. Amanda also earned three varsity letters in basketball. In her senior year she was named first team All-Area and first team All-Conference. In soccer, Amanda was a four-year letter winner, and she earned first team All-Conference and first team All-Area honors three consecutive years.

After high school, Amanda attended Bloomsburg University where she played field hockey. While there, her team won two NCAA titles and four PSAC titles. She was selected as both first team All-Conference and first team All-American three consecutive years. In 2010, she was the PSAC Athlete of the Year. She was also a finalist for Division II Athlete of the Year. She finished her career at Bloomsburg with 75 goals and 38 assists.

Amanda is currently a fifth-grade special education teacher in Baltimore, Maryland where she lives with her husband, Kristoffer Cook and her daughter Riley Elizabeth Cook.

#### **Kraidon Woods**

As a Cardinal, Kraidon Woods was a high school basketball standout. He was a four-year letter-winner and started all four years. Kraidon led the team to two Mountain Valley Conference championships. In 2005 and 2006, he was selected to both the Pocono Record All-Area first team, and the Morning Call All-Area first team. In 2006, he was named third team All-State as well as one of Rivals.com's Top 150 players in the class of 2006. He finished his career as a Cardinal with more than 1200 points, 1000 rebounds, and 500 blocked shots.

After graduating, Kraidon attended Arizona State University before transferring to Drake University. At Drake, he led the Missouri Valley Conference in field goal percentage (.632) in 2010. Kraidon played three years of professional basketball--two years in Finland and one year in Georgia. He was voted to the second team of Eurobasket.com Finnish First Division All-Imports Team.

Dr. Peter Nish – Special Service Award for Contributions to PM Athletics

Dr. Nish spent 40 years in education, 32 at Pocono Mountain, as a teacher, coach and administrator. He received a B.A from Boston University, an M.S. from the University of Scranton and a Ph.D. from the University of Pennsylvania. He received a full athletic scholarship to B.U. for basketball and baseball. In 1996 he was inducted into the Northeast Chapter of the Pennsylvania Sports Hall of Fame.

His varsity coaching career included 13 years in basketball and six years in baseball. He was the head coach for the Cardinals for 4 years before entering the administrative field. Upon retirement he was a volunteer coach for the 9<sup>th</sup> grade Panther basketball team for six years.

As the assistant to the superintendent, his duties included oversite of the athletic, intramural and activity programs. It was his responsibility to recruit, interview and recommend for hire

all candidates. In addition, along with district athletic directors, he expanded athletic programs for men and women. When West High School came into existence, an entire athletic and activity staff was developed similar to those at East. It was his goal and philosophy that all coaches and activity advisors come from the teaching ranks. As the second-in-command to the superintendent, he had a great deal of input into the design of athletic facilities for the new buildings. Many of the coaches recommended for hire went on to win league and district championships in a variety of sports. His greatest satisfaction comes from the knowledge that sports played a major role in the development of students into productive men and women and in many cases provided post high school opportunities.